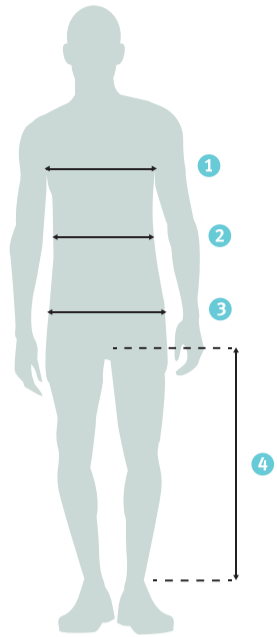
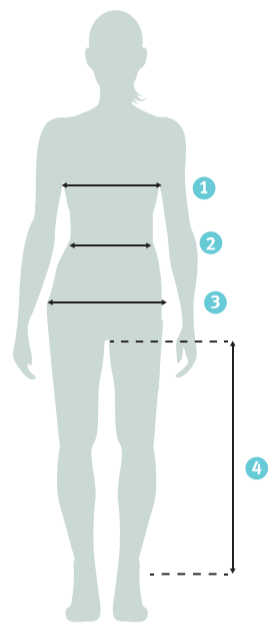


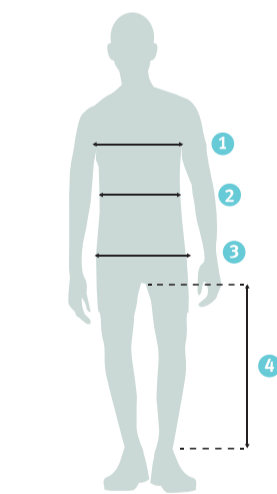
# BODY SIZING CHART



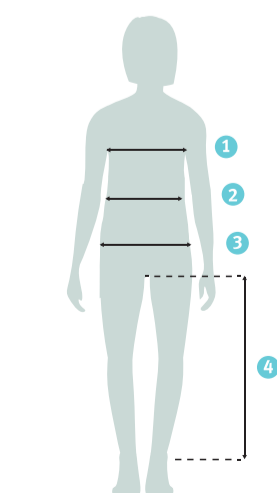
MEN	1 CHEST	2 WAIST	3 HIP	4 INSEAM
XS	82-86	70-74	82-86	79
S	88-92	76-80	88-92	80
M	94-100	82-88	94-100	81
L	102-108	90-96	102-108	82
XL	110-118	98-106	110-118	83
2XL	120-128	108-116	120-128	84
3XL	130-138	118-128	130-138	84
4XL	140-150	130-138	140-150	84



WOMEN	1 CHEST	2 WAIST	3 HIP	4 INSEAM
XS	80-84	60-66	86-92	77
S	86-90	68-72	94-98	78
M	92-96	74-78	100-104	79
L	98-102	80-86	106-110	80
XL	104-108	88-94	112-118	81
2XL	110-116	96-104	120-125	82
3XL	118-124	106-114	126-132	82
4XL	126-132	116-124	134-140	82



BOYS	1 CHEST	2 WAIST	3 HIP	4 INSEAM
4K	52-55	50-52	53-57	46
6K	56-59	53-55	58-61	52
8K	61-64	56-58	62-65	60
10K	66-69	59-61	66-69	65
12K	71-74	62-65	70-75	71
14K	76-80	66-69	76-81	75



GIRLS	1 CHEST	2 WAIST	3 HIP	4 INSEAM
4K	52-55	50-52	53-60	46
6K	56-59	53-55	61-64	52
8K	60-63	56-58	65-69	59
10K	65-68	59-61	70-74	64
12K	70-73	62-64	75-79	69
14K	75-78	64-66	80-84	74

## CHOOSING THE RIGHT SIZE

The dimensions below are body measurements in centimetres and here are some tips from us to help you achieve the most accurate results.

## TO FIND YOUR TOP SIZE

### Measure your:

#### 1 CHEST

To get the right size run a flexible tape measure across the fullest area of your chest, keeping the tape horizontal.

#### 2 WAIST

Measure around the narrowest part of your waist, keeping the tape horizontal.

If your body measurements for chest and waist result in two different suggested sizes, order the size from your chest measurement.

## TO FIND YOUR BOTTOMS SIZE

### Measure your:

#### 2 WAIST

Measure around the narrowest part of your waist, keeping the tape horizontal.

#### 3 HIP

Stand with your feet together and measure around the fullest point of your hip, keeping the tape horizontal.

If your body measurements for waist and hip result in two different suggested sizes, order the size from your hip measurement.

## IN BETWEEN SIZES

What if you are in between or on the borderline of two sizes? Do you like a tight fit? Go for the smaller size. Love a loose fit? Go for the larger size.

## UNISEX STYLES

If the garment is unisex, refer to the Men's sizing measurements.

Always refer to the Men's sizing measurements if you are purchasing men's items and vice versa.